

DCD Messages[©]

MN Regions 5 & 7 DCD Community of Practice

Volume 19, Issue 2 – October-November 2016

DCD Committee Members

Sponsored by MN Regions 5 & 7

For the 19th year, a representative from each of the special education agencies in Central Minnesota (Regions 5 & 7) attends a quarterly meeting regarding topical issues in the area of Developmental Cognitive Disability. Each meeting has a topic and information shared is compiled in **DCD Messages** to assist staff in the field and parents stay informed. The representatives assume the responsibility of bringing information shared at the regional meeting back to their local area staff, parents, and administrators in person and through the electronic newsletter.

YOUR COMMITTEE REPRESENTATIVES:

Benton-Stearns	Sandra Haller/Debra Kuzma/Jill Murphy
Buffalo District #877	Lori Anderson
Elk River	Audra Wells
Freshwater	Cari Grenier
Little Falls	Tanya Bergman
MAWSECO	Linda Wharram
Mid-State	Jennie Stumpf
Paul Bunyan	Jeanne Kilian
Regions 5 & 7 DCD	Barb Lhotka
Regions 5 & 7 RLIF	Nan Records
Rum River	Julie Miller
St Cloud	Danielle Mehr
SCRED	Connie Sim
Sherburne N Wright	Monica Lewis
West Central	Becky Bartz

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Calendar of Events

Dates and Topics 2016-2017

Meetings will be held at the **Benton-Stearns Ed District Office, Sartell, MN 9:00 am-2:00 pm**

September 22, 2016—Accommodations & Assessment Tools; Olmstead Rule; 4 Block Reading

October 2016—NO MEETING.

November 17, 2016—Jerry Petroff Presentation: Person-Centered Planning **8:30-3:30**

December 2016—NO MEETING.

January 19, 2017—General Education Guidelines for Paras; 4 Block Reading

February 2016—NO MEETING.

March 23, 2017—Standards Based IEPs in DCD; 4 Block Reading; Planning 2017-2018

April 2017—NO MEETING

May 2017—NO MEETING

Information from meetings is published in the newsletter. The *DCD Messages* is distributed by the Committee members. Barb Lhotka, Facilitator blhotka@mawseco.k12.mn.us

DCD Resources

DCD Listserv

Are you a member of the Minnesota DCD Listserv? It is a wonderful resource for educators who work with students in the DCD category of special education. Members ask questions, share information, and discuss topics that are relevant to our day to day work with students birth through 21. Emails are automatically posted on your email account.

How to Join: Send an e-mail to garrett.petrie@state.mn.us. In the subject line, type “subscribe” and send the e-mail.

To Post on the Listserv: Send messages to mn.dcd@mailmanlists.us. Complete the subject line identifying your post. Type your message and send it.

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DCD Wiki

A wiki is like a filing cabinet website. You join the wiki and are able to access information as you need it. The only emails you will receive are the invitation to join and notification of updates. MN has a wiki for DCD staff and team members. It grows as new resources are found.

How to Join: Send an e-mail stating your name, email address, and where you teach to barblhotka@embarqmail.com. You will then receive an invitation to join the wiki. You will choose a password and will have access to all files and pages (categorized). Please write down the website address and your password for future use.

The Olmstead Ruling

What is Olmstead?

The current Olmstead Plan approved in MN was derived from a US Supreme Court decision (Olmstead vs. L.C.). In 2009, the US Department of Justice Civil Right Division began a massive effort to enforce the decision of the US Supreme Court. The ruling of the Supreme Court “requires states to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated settings appropriate to their needs.” (US Dept. of Justice)

This is a nationwide effort that impacts individuals with disabilities of all ages. Many of our MN school districts have been working toward this end for many years. The adult services are now also impacted.

MN Vision of the Olmstead Plan:

A subcabinet of stakeholders was formed in MN to address Olmstead and write a plan to be implemented throughout MN for those with disabilities in all settings. The vision statement they wrote is:

People with disabilities are living, learning, working, and enjoying life in the most integrated setting.

“The Olmstead Subcabinet embraces the *Olmstead* decision as a key component of achieving a Better Minnesota for all Minnesotans, and strives to ensure that Minnesotans with disabilities will have the opportunity, both now and in the future, to live close to their families and friends, to live more independently, to engage in productive employment and to participate in community life. This includes:

- “The opportunity and freedom for meaningful choice, self-determination, and increased quality of life, through: opportunities for economic self-sufficiency and employment options; choices of living location and situation, and having supports needed to allow for these choices;

- “Systemic change supports self-determination, through revised policies and practices across state government and the ongoing identification and development of opportunities beyond the choices available today; and
- “Readily available information about rights, options, and risks and benefits of these options, and the ability to revisit choices over time.”

39 Measureable Goals of Olmstead in MN

To see all of the parts of the goals and detailed steps, go to the Department of Human Services website to read [Measurable Goals At a Glance](#). The Minnesota Department of Education and Minnesota school districts are stakeholders in this plan. DCD teachers should be aware of the goals set by the Olmstead Plan as they prepare students for transition to adult services—this must begin in the early age levels.

Outcomes for the Olmstead Plan are set for three to five year measurement and in percentage of increase for each goal.

Person-Centered Planning

Goal 1:

By June 30, 2020, plans for people using disability home and community based waiver services will meet required protocols. Protocols will be based on the principles of person centered planning and informed choice.

Goal 2:

By 2017, increase the percent of individuals with disabilities who report that they exercised informed choice, using each individual’s experience regarding their ability: to make or have input into major life decisions and everyday decisions, and to be always in charge of their services and supports, as measured by the National Core Indicators (NCI) survey.

Transition Services

Goal 1:

By June 30, 2020, the number of people who have moved from segregated settings to more integrated settings will be 7,138.

Goal 2:

By June 30, 2019, the percent of people at Anoka Metro Regional Treatment Center (AMRTC) who do not require hospital level of care and are currently awaiting discharge to the most integrated setting will be reduced to 30% (based on daily average).

Goal 3:

By December 31, 2019, the average monthly number of individuals leaving Minnesota Security Hospital will increase to 14 individuals per month.

Goal 4:

By June 30, 2018, 50% of people who transition from a segregated setting will engage in a person centered planning process that adheres to transition protocols that meet the principles of person centered planning and informed choice.

Housing and Services

Goal 1:

By June 30, 2019, the number of people with disabilities who live in the most integrated housing of their choice where they have a signed lease and receive financial support to pay for the cost of their housing will increase by 5,547 (from 6,017 to 11,564 or about a 92% increase).

Employment

Goal 1:

By September 30, 2019 the number of new individuals receiving Vocational Rehabilitation Services (VRS) and State Services for the Blind (SSB) who are in competitive, integrated employment will increase by 14,820.

Goal 2:

By June 30, 2020, of the 50,157 people receiving services from certain Medicaid funded programs, there will be an increase of 5,015 or 10% in competitive, integrated employment.

Goal 4:

By June 30, 2020, the number of students with developmental cognitive disabilities, ages 19-21 that enter into competitive, integrated employment will be 763.

Lifelong Learning & Education

Goal 1:

By December 1, 2019 the number of students with disabilities, receiving instruction in the most integrated setting, will increase by 1,500 (from 67,917 to 69,417).

Goal 2:

By October 1, 2020 the number of students who have entered into an integrated postsecondary setting within one year of leaving secondary education will increase by 250 (from 225 to 475).

Goal 3:

By June 30, 2020, 80% of students in 31 target school districts will meet required protocols for effective consideration of assistive technology (AT) in the student's individualized education program (IEP). Protocols will be based upon the "Special factors" requirement as described in Individuals with Disabilities Education Act (IDEA) of 2004.

Waiting List

Goal 1:

By October 1, 2016, the Community Access for Disability Inclusion (CADI) waiver waiting list will be eliminated.

Goal 2:

By December 1, 2015, the Developmental Disabilities (DD) waiver waiting list will move at a reasonable pace.

For persons exiting institutional settings • Beginning December 1, 2015, as people residing in an institutional setting are assessed, waiver service planning and funding will be authorized as soon as possible, but no later than 45 days after the person makes an informed choice of alternative community services that are more integrated, appropriate to meet their individual needs, and the person is not opposed to moving, and would like to receive home and community based services.

For persons with an immediate need • Beginning December 1, 2015, as people are assessed, waiver service planning and funding will be authorized as soon as possible, but no later than 45 days after the person meets criteria under Minn. Statutes, sections 256B.49, subdivision 11a(b) and 256B.092, subdivision 12(b).

For persons with a defined need • Beginning December 1, 2015, as people are assessed as having a defined need for waiver services within a year from the data of assessment, and within available funding limits, waiver service planning and funding will be authorized as soon as possible, but no later than 45 days of determining the defined need.

Goal 3:

By March 1, 2017, the DD waiver waiting list will be eliminated for persons leaving an institutional setting and for persons with immediate need as defined by Minn. Statutes, sections 256B.49, subdivision 11a(b) and 256B.092, subdivision 12(b).

Goal 4:

By December 31, 2018, within available funding limits, waiver funding will be authorized for persons who are assessed and have a defined need on or after December 1, 2015, and have been on the waiting list for more than three years.

Goal 5:

By June 30, 2020, the DD waiver waiting list will be eliminated, within available funding limits, for persons with a defined need.

Transportation

Goal 1:

By December 31, 2020 accessibility improvements will be made to 4,200 curb ramps (increase from base of 19% to 38%) and 250 Accessible Pedestrian Signals (increase from base of 10% to 50%). By January 31, 2016, a target will be established for sidewalk improvements.

Goal 2:

By 2025, additional rides and service hours will increase the annual number of passenger trips to 18.8 million in Greater Minnesota (approximately 50% increase).

Goal 3:

By 2020, expand transit coverage so that 90% of the public transportation service areas in Minnesota will meet minimum service guidelines for access.

Goal 4:

By 2020, transit systems' on time performance will be 90% or greater statewide.

Healthcare & Healthy Living

Goal 1:

By December 31, 2018, the number/percent of individuals with disabilities and/or serious mental illness accessing appropriate preventive care, focusing specifically on cervical cancer screening, and follow up care for cardiovascular conditions will increase by 833 people compared to the baseline.

Goal 2:

By December 31, 2018, the number of individuals with disabilities and/or serious mental illness accessing dental care will increase by 1,229 children and 1,055 adults over baseline.

Positive Supports

Goal 1:

By June 30, 2018 the number of individuals receiving services licensed under Minn. Statute 245D, or within the scope of Minn. Rule, Part 9544, (for example, home and community based services) who experience a restrictive procedure, such as the emergency use of manual restraint when the person poses an imminent risk of physical harm to themselves or others and it is the least restrictive intervention that would achieve safety, will decrease by 5% or 200.

Goal 2:

By June 30, 2018, the number of Behavior Intervention Reporting Form (BIRF) reports of restrictive procedures for people receiving services licensed under Minn. Statute 245D, or within the scope of Minn. Rule, Part 9544, (for example, home and community based services) will decrease by 1,596.

Goal 3:

Use of mechanical restraint is prohibited in services licensed under Minn. Statute 245D, or within the scope of Minn. Rule, Part 9544, with limited exceptions to protect the person from imminent risk of serious injury. (Examples of a limited exception include the use of a helmet for protection of self-injurious behavior and safety clips for safe vehicle transport). By December 31, 2019 the emergency use of mechanical restraints will be reduced to < 93 reports and < 7 individuals.

Goal 4:

By June 30, 2017, the number of students receiving special education services who experience an emergency use of restrictive procedures at school will decrease by 316.

Goal 5:

By June 30, 2017, the number of incidents of emergency use of restrictive procedures occurring in schools will decrease by 2,251.

Crisis Services

Goal 1:

By June 30, 2018, the percent of children who receive children's mental health crisis services and remain in their community will increase to 85% or more.

Goal 2:

By June 30, 2018, the percent of adults who receive adult mental health crises services and remain in their community (e.g., home or other setting) will increase to 89% or more.

Goal 3:

By June 30, 2017, the number and percent of people who discontinue waiver services after a crisis will decrease to 45% or less. (Leaving the waiver after a crisis indicates that they left community services, and are likely in a more segregated setting.)

Goal 4:

By June 30, 2018, people in community hospital settings due to a crisis, will have appropriate community services within 30 days of no longer requiring hospital level of care, and will have a stable, permanent home within 5 months after leaving the hospital.

Goal 5:

By June 20, 2020, 90% of people experiencing crisis will have access to clinically appropriate short term crisis services, and when necessary, placement within ten days.

Community Engagement

Goal 1:

By June 30, 2019, the number of individuals involved in their community in ways that are meaningful to them will increase to 1,992.

Preventing Abuse & Neglect

Goal 1:

By September 30, 2016, the Olmstead Subcabinet will approve a comprehensive abuse and neglect prevention plan, designed to educate people with disabilities and their families and guardians, all mandated reporters, and the general public on how to identify, report and prevent abuse of people with disabilities, and which includes at least the following elements:

- Information and training on the use of the Minnesota Adult Abuse Reporting Center (MAARC)
- Recommendations regarding a “Stop Abuse” campaign
- Recommendations regarding the feasibility for creating a system for reporting abuse of children
- Analysis of data to develop materials for public awareness and targeted prevention activities
- Timetable for implementation of each element of the abuse prevention plan
- Recommendations for developing common definitions and metrics related to maltreatment

Goal 2:

By January 31, 2020, the number of emergency room (ER) visits and hospitalizations of vulnerable individuals due to abuse and neglect will decrease by 50% compared to baseline.

Goal 3:

By December 31, 2021, the number of vulnerable adults who experience more than one episode of the same type of abuse or neglect within six months will be reduced by 20% compared to the baseline.

Goal 4:

By July 31, 2020, the number of identified schools that have had three or more investigations of alleged maltreatment of a student with a disability within the three preceding years will decrease by 50% compared to baseline. The number of students with a disability who are identified as alleged victims of maltreatment within those schools will also decrease by 50% by July 31, 2020.

Assistive Technology

Assistive Technology is a part of the Lifelong Learning and Education topic and related to Person Centered Planning, Transition Services, Employment and Lifelong Learning and Education topics.

Feedback on Olmstead in MN

The courts did not approve of the MN Olmstead Plan as originally written. The goals written for implementation of the Olmstead Plan were updated and approved most recently on June 1, 2016. They are now under public comment and feedback on amendments to the goals through February 7, 2017. To take part in the discussion you have several options:

- Online – [Online Form](#)
- Email – MNOLmsteadPlan@state.mn.us
- Mail – Olmstead Implementation Office, 400 Sibley Street, Suite 300, St Paul, MN 55101
- Phone – [651.296.8081](tel:651.296.8081) – it’s okay to leave your comment on our voicemail

Your school district and/or cooperative will likely be providing training on the Olmstead Plan if they have not done so already.